

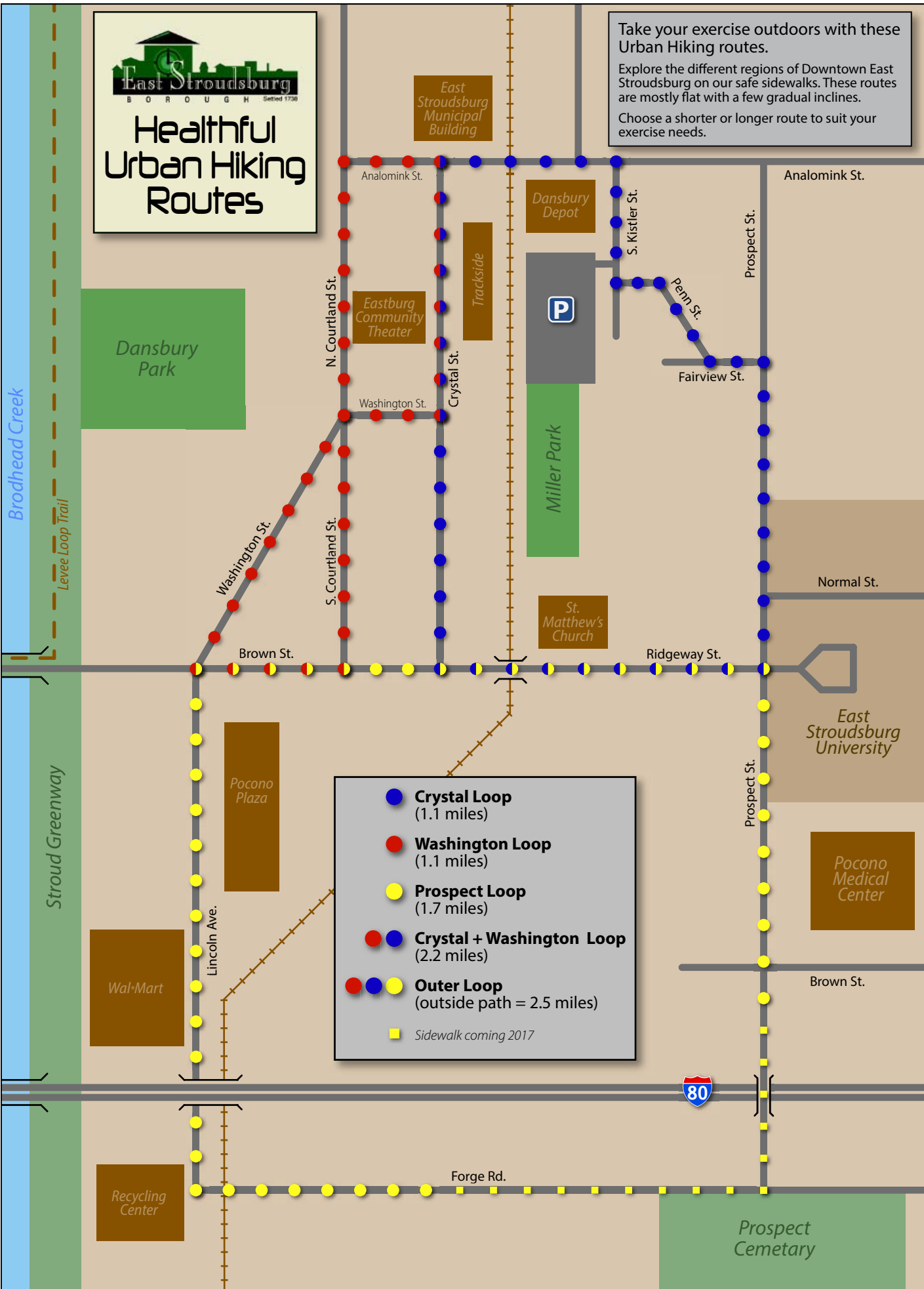


Healthful Urban Hiking Routes

Take your exercise outdoors with these Urban Hiking routes.

Explore the different regions of Downtown East Stroudsburg on our safe sidewalks. These routes are mostly flat with a few gradual inclines.

Choose a shorter or longer route to suit your exercise needs.



- **Crystal Loop**
(1.1 miles)
- **Washington Loop**
(1.1 miles)
- **Prospect Loop**
(1.7 miles)
- ● **Crystal + Washington Loop**
(2.2 miles)
- ● ● **Outer Loop**
(outside path = 2.5 miles)
- Sidewalk coming 2017